

# JOIN US FOR MANCHURCH

## THE MANCHURCH CHILI COOKOFF IS BACK!

BRING A POT OF CHILI TO SHARE  
OR JUST COME AND ENJOY ALL  
THE DELICIOUS OPTIONS!

**MARCH 12<sup>TH</sup>**  
DINNER AT 5:45 PM  
BEGINS AT 6:30 PM



REGISTER TODAY!

IF THIS IS YOUR  
**FIRST TIME**  
...THANKS FOR JOINING US!

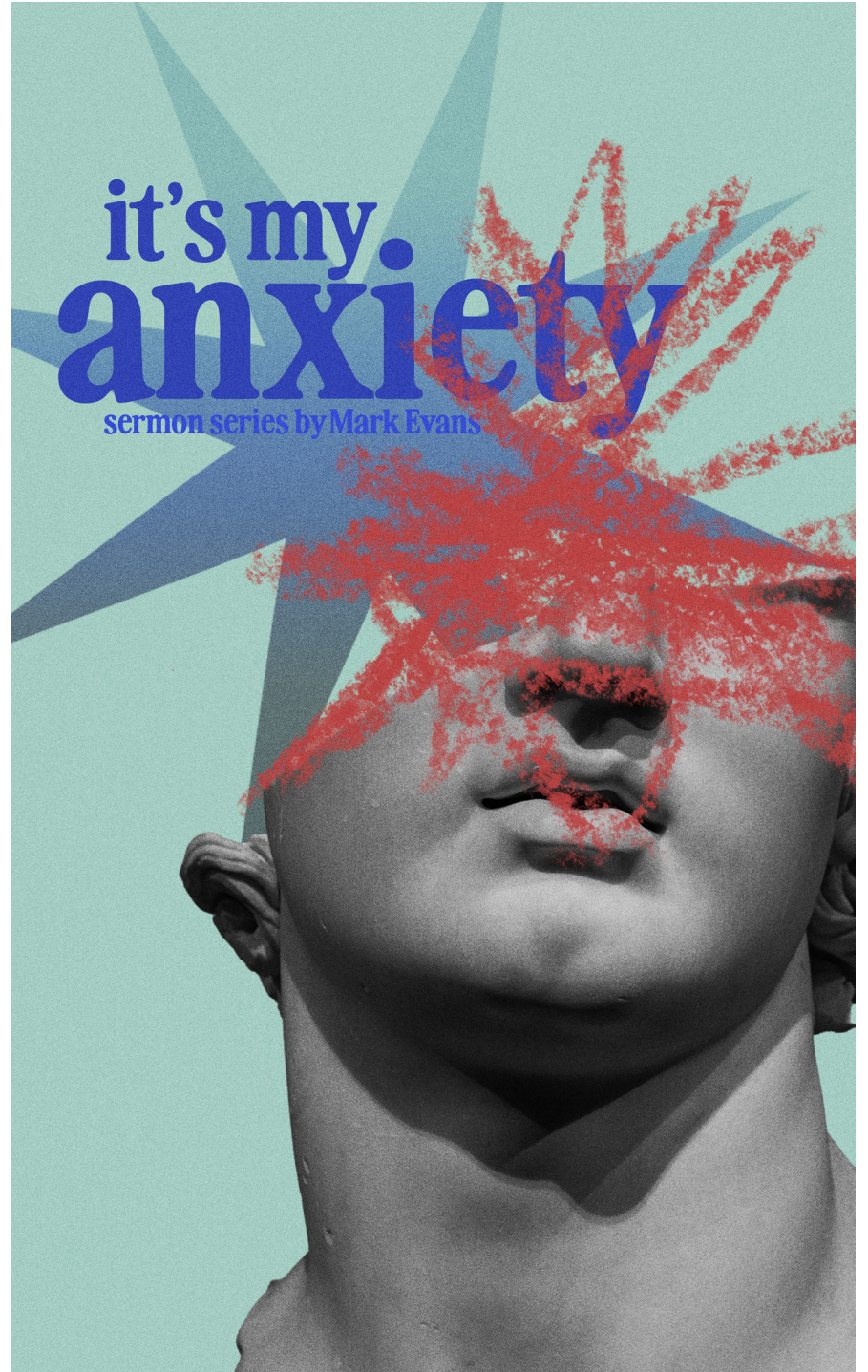
WE WOULD LOVE TO MEET YOU! STOP AND MEET A PASTOR  
TO THE RIGHT OF THE STAGE AFTER THE SERVICE.



**SCAN**  
THE CODE  
FOR A LIST OF  
IMPORTANT  
ROCK CREEK LINKS!

# it's my. anxiety

sermon series by Mark Evans



# it's my. anxiety



sermon series by mark evans

## Anxiety Grows Where Lies Live

1 KINGS 19:1-15 & JOHN 8:32-36

### 1. ANXIETY IS USUALLY \_\_\_\_\_

Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, <sup>4</sup> while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, Lord," he said. "Take my life; I am no better than my ancestors."

<sup>5</sup> Then he lay down under the bush and fell asleep. All at once an angel touched him and said, "Get up and eat."

1 Kings 19:3-5

#### ANXIETY ANSWER:

GOD TAKES \_\_\_\_\_ OF ME BEFORE HE  
\_\_\_\_\_ ME

### 2. LIES HAVE A TENDENCY TO \_\_\_\_\_

Then you will know the truth, and the truth will set you free." <sup>33</sup> They answered him, "We are Abraham's descendants and have never been slaves of anyone.

How can you say that we shall be set free?"

John 8:32-33

#### ANXIETY ANSWER:

JUST BECAUSE \_\_\_\_\_, DOESN'T  
MAKE IT TRUE

### 3. ANXIETY OFTEN DAMAGES \_\_\_\_\_

"...I am the only one left, and now they are trying to kill me too."

1 Kings 19:10

#### ANXIETY ANSWER:

AVOID \_\_\_\_\_ EVERYTHING THAT  
IS WRONG AND \_\_\_\_\_  
EVERYTHING THAT IS GOING RIGHT.

### 4. ANXIETY WILL FIGHT \_\_\_\_\_.

The Lord said, "Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake.

<sup>12</sup> After the earthquake came a fire, but the Lord was not in the fire.

And after the fire came a gentle whisper.

1 Kings 19:11-12

#### ANXIETY ANSWER:

DON'T LET THE \_\_\_\_\_ TAKE OVER.

### 5. LOOK FOR THE LIE \_\_\_\_\_

ALL THE ANXIETY.

"I am no better than my ancestors."

1 Kings 19:4

"If the Son sets you free, you will be free indeed."

John 8:36

#### ANXIETY ANSWER:

LIFE CHANGING \_\_\_\_\_ IS FOUND  
IN JESUS.