

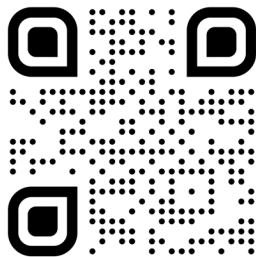
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How to Take a Vacation for Your Soul

sermon by
Mark Evans

Psalm 23 Why Your Soul Needs Rest

- WE _____ WHAT WE CANNOT HAVE.
- WE DON'T KNOW HOW TO _____.
- WE ARE NOT SURE _____ WE'RE HEADED.
- WE ARE _____.
- WE DON'T HAVE _____.
- WE ARE _____ ABOUT THE FUTURE.

How To Get Strength for Your Soul:

When you want what you cannot have...

1. PUT CONFIDENCE IN _____.

"The Lord is my shepherd, I shall not be in want." Psalm 23:1 (NIV)

When you don't know how to stop...

2. GO TO _____.

"He makes me lie down in green pastures, He leads me beside quiet waters."
Psalm 23:2 (NIV)

When you're not sure where you are headed...

3. FOLLOW THE _____.

"He guides me in paths of righteousness for His name's sake."
Psalm 23:3 (NIV)

"The whole Bible was given to us by inspiration from God and is useful to teach us what is true and to make us realize what is wrong in our lives; it straightens us out and helps us do what is right." 2 Tim. 3:16 (TLB)

When you are afraid...

4. REMEMBER _____.

"Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me."
Psalm 23:4 (NIV)

When you don't have enough...

5. APPRECIATE _____.

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows." Psalm 23:5 (NIV)

"The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus." 1 Timothy 1:14 (NIV)

When you're unsure about your future...

6. FOCUS ON _____ & _____.

"Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever." Psalm 23:6 (NIV)