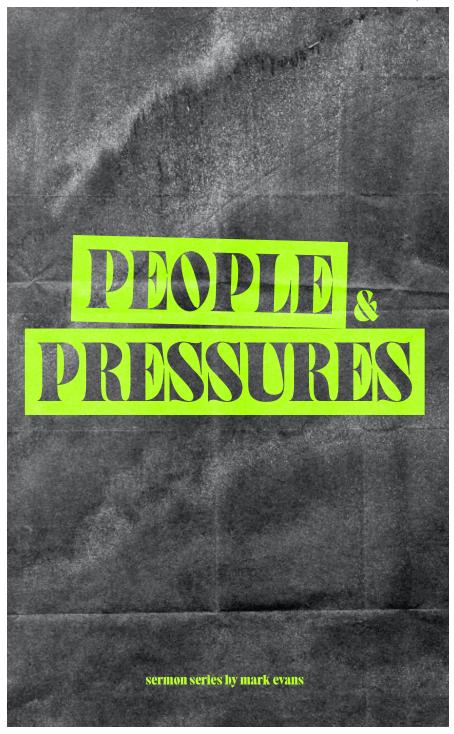


IF THIS IS YOUR FIRST TIME ...THANKS FOR JOINING US!

WE WOULD LOVE TO MEET YOU! STOP AND MEET A PASTOR TO THE RIGHT OF THE STAGE AFTER THE SERVICE.





What Do you Do When People & Pressures Keep Piling On?

don't be a PRESSURE COKER

	YOU ARE FACED CONTINUALLY WITH THE CHOICE TO				
	BE A PERSON WHO		PRESSURE OR		
	A PERSON WHO		PRESSURE.		
1.	INTERRUPT				

IN MY LIFE.

And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

Luke 22:44

Cast all your anxiety on him because he cares for you. 1 Peter 5:7

If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.

Philippians 4:7



2	П		A		ıŦ	
2.	ĸ	E١	W	ĸ		ᆮ

TO PRESSURE.

An impulsive vow is a trap; later you'll wish you could get out of it.

Proverbs 20:25

The grace of God that brings salvation has appeared to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age.

Titus 2:11-12

Walk with me and work with me—watch how I do it.

Learn the unforced rhythms of grace.

Matthew 11:29



WALK WITH PEOPLE _____

Peacemakers who sow in peace reap a harvest of righteousness.

James 3:18

Blessed are the peacemakers, for they will be called children of God.

Matthew 5:9

3. RELY ON GOD WHEN LIFE'S	PUSH
	OUT OF MY LIFE.

Mostly what God does is love you. Keep company with him and learn a life of love. Observe how Christ loved us. His love was not cautious but extravagant. He didn't love in order to get something from us but to give everything of himself to us. Love like that!

Ephesians 5:2

Do everything in love. 1 Corinthians 16:14



SIT AROUND PEOPLE WHO LIVE LIFE