



21 twenty one lessons for life.

series by
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HOW TO DEAL WITH WORRY DURING A CRISIS

Philippians 4:6-13

“God looks down from heaven on the whole human race to test and see who is acting with understanding and truly seeking Him.” Psalm 53:2

**GOD IS USING _____
TO TEST OUR FAITH**

“King Uzziah had a contagious skin disease for the rest of his life and had to live in quarantine. He was not permitted to set foot in the Temple of God. So his son, Jotham, managed the royal palace and governed the nation.” 2 Chronicles 26:21 (MSG)

“My friends and companions must keep their distance because of my plague. Even my relatives must stay far away.” Psalm 38:11 (ESV)



EXPERIENCING GOD
BIBLE STUDY



HERE IS WHAT'S
COMING UP



GIVE NOW

WHAT TO DO WITH WORRY

1. Decide _____.

“Be anxious for nothing” Philippians 4:6
“Don’t worry about anything.” Philippians 4:6 (nlt)

10TH LESSON FOR LIFE:

Worry will never _____.

2. Talk to God _____.

“but in everything by prayer and supplication with thanksgiving
let your requests be made known to God”. Philippians 4:6

11TH LESSON FOR LIFE:

_____ more than you

3. Thank God _____.

“with thanksgiving let your requests be made known to God.”
Philippians 4:6

“...When you ask God for what you need also thank
him for all he's done.” Philippians 4:6 (nlt)

4. Think about _____.

“And now, dear brothers and sisters, one final thing. Fix your thoughts
on what is true, and honorable, and right, and pure, and lovely, and
admirable. Think about things that are excellent and worthy of praise.”
Philippians 4:8(nlt)

5. Be _____ with anything.

¹¹ Not that I was ever in need, for I have learned how to be content
with whatever I have. ¹² I know how to live on almost nothing or with
everything. I have learned the secret of living in every situation,
whether it is with a full stomach or empty, with plenty or little.
Philippians 4:11-12

12TH LESSON FOR LIFE:

Contentment allows me to _____

as it is right now.

For I can do everything through Christ, who gives me strength.
Philippians 4:13