

the
TABLE
ROCK CREEK WOMEN

flourish
FLOURISH
moms



IF THIS IS YOUR
FIRST TIME
...THANKS FOR JOINING US!

WE WOULD LOVE TO MEET YOU! STOP AND MEET A PASTOR
TO THE RIGHT OF THE STAGE AFTER THE SERVICE.



SCAN
THE CODE
FOR A LIST OF
IMPORTANT
ROCK CREEK LINKS!

UN **RUSHED**
sermon series by mark evans



Living at the Pace of Peace

→ I CAN'T LIVE FULL OF GOD'S _____

AT A _____ HE NEVER DESIGNED

UNRUSHED = slowing life down to God's pace, allowing myself time for relationships, rest and renewal.

1. RECOGNIZE _____ I AM CAUGHT IN

"It is senseless for you to work so hard from early morning until late at night, fearing you'll starve to death; for God wants his loved ones to get their proper rest." Psalm 127:2 (LB)

*"Only someone too stupid to find his way home would wear himself out with work."
Ecclesiastes 10:15*

*"I have learned that everything has limits..."
Psalm 119:96*

2. REALIGN _____ TO FIT GOD'S PLAN

*"There is a time to keep things and a time to throw things away."
Ecclesiastes 3:6*

*"We should remove from our lives anything that would get in the way and the sin that so easily holds us back."
Hebrews 12:1b*

*"Everything is permissible for me – but not everything is beneficial."
1 Corinthians 6:12*

*"Some of you are keeping things God commanded you to destroy. You will never defeat your enemies until you throw away those things."
Joshua 7:13*

3. RETURN _____ WITH JESUS
AND LEARNING

*"Are you tired? Worn out? Burned out? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."
Matthew 11:28-30 (MSG)*

*"Since you have accepted Christ Jesus as Lord, live in union with him. Keep your roots deep in him, build your lives on him, and become stronger in your faith, as you were taught."
Colossians 2:6-7*